

vUrjkZ'V^{ah}; eknd inkFkZ fu'ks/k fnol 26 twu 2015
nsgjknwu] mÜkjk[k.M

26 twu vUrjkZ'V^{ah}; eknd
inkFkZ fu'ks/k fnol ,oa voS/k
O;kikj fnol ds :lk esa euk;k tkrk
gSA bl fnu dk xBu 1987 esa
la;qDr jk'V^a dh tuvj ,lsEcyh esa
euk;s tkus dk fu.kZ; fy;k x;k
Fkka blh ifjis{; esa 26 twu 201



dk mÜkjk[k.M jkT; ,M~l fu;a=.k lfefr }kjk ,d jkT; Lrjh; laxks'Bh dk
vk;kstu dsUnzh; ukjdksfVI
C;wjks ds lg;ksx ls wic nsgjknwu
esa vk;ksfr fd;k x;kA bl
dk;Z"kkjk dk eq[; mn~ns"; eknd
inkFkksZa dk c<+rk gqvk
nq:lk;ksx rFkk muds }kjk



,p0vkbZ0oh0@,M~l tSlh tkusok fcekjh dk QSyuk gSA

bl volj ij ifjppkZ o isafVax izfr;ksfxrk dk vk;kstu fd;k x;k ftldk
eq[; fo'k; **Say No to Drugs, Say Yes to Health^^ Fkka bl ifjppkZ o isafVax



izfr;ksfxrk esa fofHkUu Ldwyksa
ds Nk=&Nk=kvkssa }kjk izfrHkkx
fd;k x;kA

mDRk laxks'Bh es
aftykf/kdkjh] nsgjknwu Jh jfoukFk
jeu] ,lO,lOih0 nsgjknwu Jh iq'id
T;ksfr] ukjdxsfVI C;wjks ds
v/kh{kd Jh jfo jk.kk] vij ifj;kstuk
funs"kd ;wSDI MkW0 vkj0ds0



ik.Ms] dkmUlyj Jh uohu fdju^{1/4}Drug counseling & rehabilitation center^{1/2}] ofj'B
i=dkj Jh t;flag jkor }kjk izfrHkkx fd;k x;kA

dk;ZØe dk "kqHkkjEHk wic Hkkjr dh v/;{k ukft;k btqìhu eknd
inkFkZ ds fo'k; esa tkudkj nhA bls ckn ukjdxsfVI C;wjks ds
vf/kd{kd Jh jfo jk.kk us M^aXI ds iz;ksx ij fu;a=.k esa vke vkneh dh
Hkwfedk ds ckjs esa tkudkj nh o crk;k fd ;qokvksa dks buls
gksus okyh leL;kvksa ds ckjs esa tkudkj nh tk;sA

Jh jfoukFk jeu] ftykf/kdkjh nsgjknwu }kjk dgk fd ukfxZd lqj{kk



laxBu o dkuwuh [kkSQ bl ij
fu;a=.k esa vge Hkwfedk fuHkk
ldrk gSA ofj'B i=dkj Jh t;flag jkor
us M^aXI ls [krjksa o lekt ij iM+us
okys izHkko ds ckjs esa tkudkj
nhA Jh iq'id T;ksfr] ,lO,lOih0 }kjk

iqfyl dh Hkwfedk lkj izdk"k Mkyk
x;k o crk;k x;k fd iqfyl fdl rjg ls
M^aXI dks izns"kd esa vkus ls



jksdrh gS o ;qokvksa dks fdl rjg ls bls cpk;k tk ldrk gSA MkW0
vkj0ds0 ik.Ms vij ifj;kstuk funs”kd] ;wlsDI }kjk crk;k x;k fd
vUrjkZ’V^ah; eknd inkFkZ fu’ks/k fnol ,oa voS/k O;kikj fnol dks izfr
o’kZ euk;s tkus dk mn~ns”; iwjs fo”o dks eknd inkFkksZa ds lsou
dh yr ls eqfDr fnyk;k tkuk gSA blh lUnHkZ esa muds }kjk crk;k x;k
fd lqbZ ds }kjk M^aXl ysuk ,p0vkbZ0oh0 laØe.k dk cgqr cM+k dkj.k
gS o u”khys inkFkksZa ds lsou dh ;g cqjh vknr Ldwyksa ds
fo|kfFkZ;ksa esa Hkh ifjfyf{kr gks jgh gSA ;g vR;f/kd fpark dk fo’k;
gS vkSj bl lkj ge

lHkh dh lkewfgd ftEesnkjh curh gS fd bl ij dSls jksd yxk;k tk;sA var
esa muds }kjk mifLFkr lHkh yxsxksa ls bl vk;ksftr dk;ZØe ls izns”k
dks u”kk eqDr cukus dh izfrc}rk ysdj tkus dks dgk x;kA

dk;ZØe esa lkaLd`frd ny
 IEHko eap ifjokj }kjk u"ks ds fo'k;
 ij izLrqfr nh xbZA dk;ZØe esa Jh
 vfuy lrh ¼la;qDRk funs"kd½]
 Jherh infeuh eYgks=k ¼mifuns"kd esuLV^{ah}feax½] Jh lat; fc'V
 ¼mifuns"kd] Vh0vkbZ0½ Jh jfo
 fc'V ¼lgk0funs0 ;wFk vQS;lZ½ Jh
 lkSjHk lgxy ¼lgk0funs0
 MkD;wesaVs"ku½] Jherh ikoZrh
 ik.Ms ¼lgk0funs0 oh0ch0Mh0½]
 Jh egsUnz iapksyh ¼Vhe yhMj
 Vh0,l0;w0½] Jh vfuy iSU;wyh
 ¼dk;ZØe vf/kdkjh ,e0,.M0bZ0½] Jh eukst xksfoy ¼dk;ZØe
 vf/kdkjh bZ0,y0,e0½] Jh dju uSFkkuh ¼dk;ZØe vf/kdkjh
 Vh0vkbZ0½] Jh uohu ekaxfyd ¼dk;ZØe vf/kdkjh dS0c0½] Jh vfuy
 oekZ ¼jkT; nq?kZVuk fu;a=.k vf/kdkjh flfoy fMQsa½] Jh fouhr
 fo"uksbZ ¼,u0,l0,l0½] gksi laLFkk] futkr laLFkk }kjk izfrHkkx fd;k
 x;kA

